# Almondbury 2025 MapRun Sunday 26th October

If you are new to MapRun, download the MapRun app. before coming to the event. Help will be available at the map distribution.

## **Parking**

Roadside parking along Southfield Road HD5 8TZ

Grid Ref; N 53.6375; W 1.7372

Please park considerately.



### **Starts**

Anytime between 10.30am and 12.30pm.

Maps, showing the course code, will be distributed from a car parked at the side of the road opposite the start.

#### **Terrain**

Typical urban area with alleyways and grassed recreation areas.

#### **Entry**

Through racesignup.

Entryfees;

Senior £5 (Non BOF £6)

Young Adult (21-26) £2

Junior £1.50

#### **Courses**

Long 5.4k 22 controls

Medium 4.0k 15 controls

Short 3.0k 12 controls

Results will be published on the EPOC website.

**Safety**: A comprehensive risk assessment has been carried out by the organiser. The risks associated with competing in an outdoor environment are significant and need to be taken seriously by all competitors who take part at their own risk and are responsible for their own safety. Parents are particularly asked to emphasise these points with their children. If you have a medical condition that first aiders should know about in an emergency, please contact the organiser with details, in confidence. These details will only be used for the purposes of this event and will be deleted/destroyed afterwards.

#### Hospital:

The nearest hospital is Huddersfield Royal Infirmary,
Acre Street, Lindley HD3 3EA
01484316170

#### Insurance:

Members and Non-members of British Orienteering are covered by our public liability insurance. Please ask any of our club officials for more information if you would like to join EPOC and British Orienteering.

Planner and Organiser Neil Croasdell croasded@gmail.com